



Heart Foundation

# Walking

The **Department of Environment and Conservation (DEC)** and the **Heart Foundation (HF)** invite you to attend a Park walk on

**Monday 1 March 2010**

Time: **8:45am for 9:00am start**

Location: **Woodman Point Regional Park**

Please meet at John Graham Reserve  
(at the end of Nyyerbup Circle, Munster)

**Hosted by the Friends of Woodman Point**

**Park Walks are about getting some healthy physical activity while learning about the environment around you.**

**To register your attendance, please call  
1300 36 27 87 or register online at  
[www.heartfoundation.org.au/sites/Walking/Events/Pages/default.aspx](http://www.heartfoundation.org.au/sites/Walking/Events/Pages/default.aspx)**



Department of  
**Environment and  
Conservation**



*Our environment, our future*

**Healthy Parks**  
**Healthy People**



**Heart  
Foundation** <sup>TM</sup>

