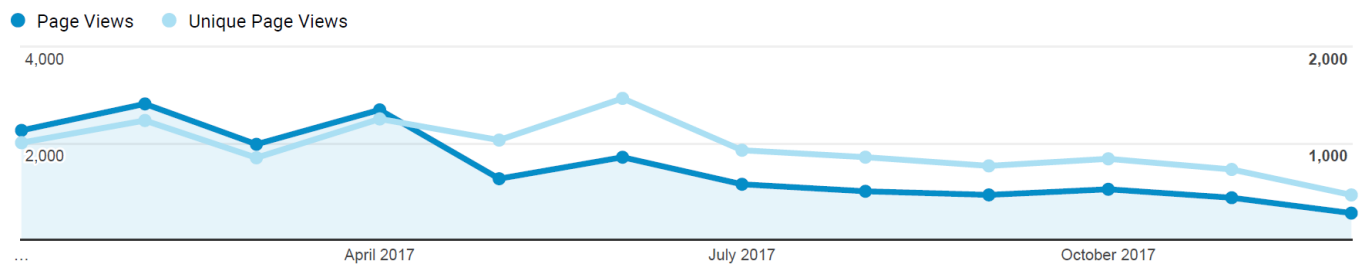


2017 Snapshot

18293 page views on healthy lifestyle website in 12 months



Over 1500 people (plus >3000 in 2015/16) pledged to put a healthy checklist on their fridge at:

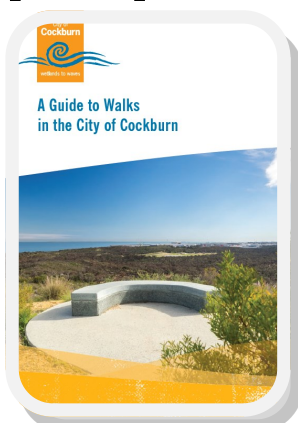
- 8 community events
- 5 CIH monthly events
- 1 shopping centre
- 1 library stall



- 11 registered walking groups (4 very active)
- 11089 walks in past 3 years
- 113 registered walkers
- 70 registered for event at Bibra Lake



Distributed ~1500 walk trail booklets with PA guidelines and ~ 1500 healthy eating pamphlets



HEAL HEALTHY EATING ACTIVITY & LIFESTYLE

Cockburn Healthy Lifestyle Program - 186 adults and children signed up for CHLP (City of Cockburn partnership with Cockburn Integrated Health)